

Community Counselling (North Yorkshire) Limited

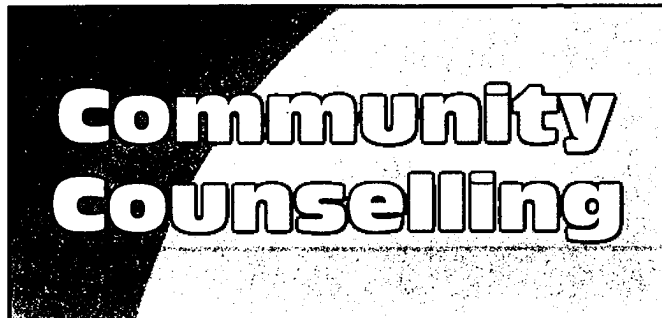
(A Company Charity limited by guarantee)

(Charity Registration Number 1151230)

(Registered Company Number 08399767)

Annual Report & Financial Statements for the year ended

31st March 2019



Community Counselling (North Yorkshire) Limited

(A Company Charity limited by guarantee)

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Directors' Report (incorporating the Trustees' Annual Report)

For the year ended:

31st March 2019

The Board of Trustees, who are also the directors of the charity for the purposes of company law, present their annual report and financial statements for the year ended 31st March 2019.

Objectives and activities

Summary of the objects of the charity set out in its governing document

The charity's objects are specifically restricted to the following;

- 1) To relieve the mental suffering and distress of persons in need by reason of illness or emotional distress in North Yorkshire by providing or assisting in the provision of counselling, support and therapeutic interventions.
- 2) To promote and provide education and training for counsellors working in either professional or voluntary settings with a view to raising the standards of counselling for the benefit of the community.

Mission Statement

Community Counselling exists to help individuals live fulfilling, rewarding and self-actualising lives, successfully dealing with the many challenges of contemporary life and where they live.

We aim to achieve this by providing accessible, professional, evidence-based, and cost-effective therapeutic interventions to individuals and, where appropriate, to groups of individuals. As an integral part of a deep-rooted health and social care sector network, we work in partnership with a wide range of statutory and voluntary sector organisations.

We provide equality of services to everyone, regardless of people's disability, gender, gender identity, race, religion or belief or sexual orientation.

Summary of the main activities undertaken for the public benefit in relation to these objects

Community Counselling provides a number of British Association for Counselling and Psychotherapy (BACP) Accredited Services as follows:

- 1) Brief Counselling Service in Ryedale and Scarborough Borough Districts for clients with a wide-ranging of presenting issues, including anxiety/stress, bereavement/loss, depression and relationship issues.
- 2) Longer-term counselling service offering longer-term counselling and/or Eye Movement Desensitisation and Reprocessing (EMDR) treatment for clients who have experienced sexual abuse and/or domestic abuse. EMDR is offered in both Scarborough and Ryedale, while the longer-term counselling is currently only offered in Ryedale.
- 3) Relationship Counselling Service.
- 4) Options Counselling Scheme.

In addition, we provide:

- Victim counselling service for adults in Ryedale and Scarborough Borough Districts, and
- [Since November 2018] child victims of crime in York and North Yorkshire,
- Counselling/Play Therapy for Young Carers in Ryedale and Scarborough,
- EAP (Employee Assistance Programme) counselling (the employer pays)

Most of our services are free at the point of access thanks to the generous support of our funders, commissioners and donors, including:

- The Big Lottery Fund (Community Fund and Awards for All)
- Police, Fire and Crime Commissioner (PFCC) for North Yorkshire
- NHS Scarborough & Ryedale Clinical Commissioning Group
- Postcode Lottery
- Wilfred Jackson Charitable Will Trust
- Ed de Nunzio Trust
- Ryedale District Council

All of our counsellors work within the Ethical Framework for the Counselling Professions of the BACP and all are members of the BACP, The United Kingdom Council for Psychotherapy (UKCP) or The UK Society for Play and Creative Arts Therapies (PTUK).

During the year, we introduced a new EMDR treatment service in Ryedale and Scarborough, created a new Children's Therapy Room at our Malton hub, and improved our services for clients generally by introducing a new Client Record Management (CRM) database and acquiring a new, larger Admin office for our ever-expanding team.

In the year ahead, we look forward to:

- increasing our services for clients who have experienced trauma/abuse thanks to joint projects with Survive made possible by funding from the Lloyds Bank Foundation and a new contract with the PFCC, and
- developing our services for children and young people.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the objectives and activities and in the planning of future activities.

Achievements and performance

Summary of the main achievements of the charity during the year

Annual Report

I wish to thank all of the staff, volunteers and sessional counsellors who have made this another successful year for Community Counselling (CCL) despite many challenges.

There continues to be a huge demand for our services. CCL received over 500 referrals, including increasing numbers of at-risk clients, and clients with high levels of emotional and psychological distress, and offered more than 4,000 client sessions.

CCL continued to achieve excellent outcomes for its clients though notably fewer clients reported clinical and/or reliable change according to analysis of Client Outcomes in Routine Evaluations (CORE) results.

Client evaluations completed at the end of counselling show that:

- 92% developed better coping strategies;
- 90% felt less isolated;
- 89% gained increased confidence and self-esteem;
- 89% were making better lifestyle choices;
- 84% had improved relationships;
- 74% were better able to access training/education/work/voluntary opportunities.

Analysis of CORE results show that **62.3%** of clients demonstrated improvement (compared to the benchmark figure of 72%) which may be a reflection of the greater challenges faced by clients.

As in previous years, clients told us that they would like shorter waiting times and more sessions, subject to additional funding. If you would like to read what clients said about their experience of CCL, please visit our website.

Analysis of equalities monitoring information show that:

- There are nearly three times as many female clients, as male clients [72% to 26%];
- 43% of clients have a disability;
- There were relatively few referrals on behalf of older people [less than 4%, compared to 23.5% for the local population].

Please read the CCL Access Strategy for tackling barriers to accessing our services on our website.

Unfortunately, the waiting lists for the brief counselling services in Ryedale and in Scarborough Borough District were closed in July due to long waiting times. The waiting list for Ryedale re-opened in January whilst the Scarborough waiting list only re-opened this June. We will closely monitor the waiting list, particularly for Scarborough, and aim to secure new funding and recruit new volunteers to avoid lengthy waiting times and closure in the future.

At the same time, CCL continued to innovate to improve its services.

CCL introduced a new Client Record Management (CRM) database and appointment booking system to enable it to receive referrals from clients over a wider geographic area.

In November, CCL secured a new contract with the Police, Fire and Crime Commissioner to provide counselling to children and young people who have been the victims of crime across the whole of North Yorkshire and York.

CCL also secured funding from the Postcode Lottery to provide a 12-month pilot service offering longer-term counselling and/or EMDR (Eye Movement Desensitisation and Reprocessing) treatment to adults living in Ryedale who had experienced trauma/abuse.

CCL also received grants from the Wilfred Jackson Charitable Will Trust, Ryedale District Council and the Ed de Nunzio Trust in order to expand its provision for children and young people. CCL was also able to create a new Children's Therapy Room in Malton, thanks to the support of donors who contributed £5k to CCL's first Crowdfunder campaign.

CCL also successfully applied for Service Accreditation with its professional body, the BACP.

Looking ahead to CCL's 25th anniversary in 2020, we aim to secure additional funding and grow our chargeable services to ensure the sustainability of our service for another 25 years!

Financial Review

The results for the year ending 31st March 2019 show an overall surplus in year of £19,089. After transfers this comprises a surplus of £7,796 on unrestricted funds; £520 on designated funds and £10,773 on restricted funds. The surplus this year on unrestricted core funds partly reflects the higher number of counselling sessions delivered this year on the PFCC contract and the successful Crowdfunder campaign for which £2k has been designated towards the new room in 2019/20. A further £1,700 has also been transferred to designated reserves to provide funds for a Safeguarding Training Event for all counselling staff and sessional counsellors in 2019/20.

All restricted funding projects have surplus balances at the year end, all of which are planned to be utilised in the forthcoming year.

This brings the cumulative reserves to; unrestricted £11,929; designated £13,700 and restricted £10,674. The breakdown of these funds are detailed under note 13 to the accounts; 'Movement of funds'.

The level of free reserves, that is those unrestricted funds not tied up in tangible fixed assets, nor held in designated funds, stands at £11,929 at 31st March 2019. This is a healthy increase compared to the previous year and trustees are confident that this level will gradually increase to provide a provision of approximately 6 months core operational costs and a contingency for an unforeseen emergency or unexpected need.

Plans for the future

Despite continued uncertainty over funding, Community Counselling is optimistic about the future and its ability to provide a much-needed service to people living in Ryedale and neighbouring districts, not least because it is fortunate in having an enthusiastic, hard-working and professional team of paid staff, self-employed affiliate counsellors and volunteer counsellors - ably supported by a dedicated Board of Trustees.

Structure, governance and management

Governing Document	Memorandum and Articles of Association
How the charity is constituted	Charity, Company limited by guarantee
Trustee selection methods	Elected by Members

At each annual general meeting one third of the directors or, if their number is three or a multiple of three, the number nearest to one third, must retire from office. If there is only one director he or she must retire.

Reference and Administration details**Charity name** Community Counselling (North Yorkshire) Limited**Other names the charity is known by** Community Counselling**Registered Charity number** 1151230**Registered Company number** 08399767 (England and Wales)**Charity's principal address (& registered office)**
Stanley Harrison House
Norton Road, Norton
Malton, North Yorkshire
YO17 9RD**Independent Examiner**
Barrie Tuck
Marchwood
Back Lane South
Middleton
Pickering
YO18 8NU**Bankers:****Current and short-term deposit account** CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ**Additional deposit account** Virgin Money
Jubilee House
Gosforth
Newcastle upon Tyne
NE3 4PL**Names of the Directors (Trustees) who manage the charity**

Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Ms Rachel Smith	Chair (to 10/4/18)	Resigned 10 April 2018	
Mrs Clare Mensah	Acting Chair (10/4/18-4/12/18)		
Mr Craig Taylor	Chair (from 4/12/18)	Appointed 10 April 2018	
Ms Emma McKenzie		Appointed 12 June 2018	
Mr Rob Tyson		Resigned 4 December 2018	

Chief Officer and Company Secretary

Stephen Robling

Trustee's responsibilities in relation to the financial statements

The charity trustees (who are also the directors of Community Counselling (North Yorkshire) Ltd for the purposes of company law) are responsible for preparing a trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the income and expenditure of the charitable company for the year. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue on that basis.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information

In accordance with company law, as the company's directors, each of the Board of Trustees certify that so far

- There is no relevant information of which the charity's Independent Examiner is unaware;
- As directors of the company, they have taken the necessary steps to be aware of the information, which would be relevant for independent examination purposes and have communicated them to the Independent Examiner.

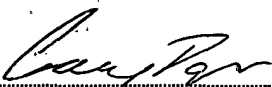
Exemptions

The trustees have taken advantage of the exemption available to small companies, including the audit exemption (as detailed on the balance sheet)

Declaration

The trustees declare that they have approved the trustees' annual report above.

Signed on behalf of the charity's trustees



.....
Craig Taylor, Chair

Date 10/9/19

Independent Examiner's Report

I report on the accounts of: **Community Counselling (North Yorkshire) Limited**

for the year ended **31st March 2019** which are set out on pages 7 to 15.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the "2011 Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. *The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.*

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1) which gives me reasonable cause to believe that in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Date: 17/9/19

Barrie Tuck
Marchwood
Back Lane South
Middleton
Pickering
YO18 8NU

Community Counselling (North Yorkshire) Limited
(Charity Registration Number 1151230)

Statement of Financial Activities for the year ended:
(incorporating Income & Expenditure account)

31st March 2019

	Note	Unrestricted funds	Designated funds	Restricted funds	Total 2019	Total 2018
		£	£	£	£	£
Income and endowments from:						
Donations and legacies	3.1	5,756	-	25,929	31,685	35,902
Charitable activities	3.2	83,354	-	113,506	196,860	139,352
Other trading activities	3.3	3,161	-	-	3,161	741
Investments	3.4	74	-	-	74	161
Total income	3	92,345	-	139,435	231,780	176,156
Expenditure on:						
Raising funds	4.1	2,456	-	-	2,456	2,886
Charitable activities	4.2	78,393	3,180	128,662	210,235	211,617
Total expenditure	4	80,849	3,180	128,662	212,691	214,503
Net income/(expenditure)		11,496	(3,180)	10,773	19,089	(38,347)
Transfers between funds		(3,700)	3,700	-	-	-
Net movement in funds		7,796	520	10,773	19,089	(38,347)
Total funds brought forward		4,133	13,180	(99)	17,214	55,561
Total funds carried forward		11,929	13,700	10,674	36,303	17,214

Community Counselling (North Yorkshire) Limited
(Charity Registration Number 1151230)

Balance Sheet as at: 31st March 2019

	Note	2019	2018
		£	£
Fixed Assets			
Tangible assets	8	-	-
Total Fixed Assets		<u>-</u>	<u>-</u>
Current Assets			
Debtors	9	5,604	4,239
Cash at bank and in hand	10	63,051	37,910
Total Current Assets		<u>68,655</u>	<u>42,149</u>
Current Liabilities: Amounts falling due within one year			
Creditors and accruals	11	32,352	24,935
Net Current Assets/(Liabilities)		<u>36,303</u>	<u>17,214</u>
Current Liabilities: Amounts falling due after more than one year			
Creditors and accruals		-	-
Net Assets/(Liabilities)		<u>36,303</u>	<u>17,214</u>
Funds of the Charity	13		
Unrestricted Funds		11,929	4,133
Designated Funds		13,700	13,180
Restricted Funds		10,674	(99)
Total Funds Carried Forward	13	<u>36,303</u>	<u>17,214</u>

The trustees are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors (trustees) acknowledge their responsibilities for:

- i) ensuring the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006; and
- ii) preparing financial statements which give a true and fair view of the state of affairs of the company at the end of each financial year and of its profit and loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Statement of Recommended Practice; Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The financial statements were approved by the trustees on 10/09/2019 and signed on their behalf by:



 C Taylor
 Chair

Date 10/09/19

Community Counselling (North Yorkshire) Limited
(Charity Registration Number 1151230)

Notes to the accounts for the year ended:

31st March 2019

1 Basis of preparation

1.1 Basis of accounting

The financial statements are prepared under the historical cost convention. These accounts have been prepared in accordance with: the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102); the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The financial statements have been prepared on a going concern basis.

2 Accounting policies

2.1 Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Government grants

The charity has received government grants in the reporting period.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation.

Contractual income and performance related grants

In the case of contractual income and performance related grants, income is only recognised once the charity has provided the specified services or performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

Investment income

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Community Counselling (North Yorkshire) Limited
(Charity Registration Number 1151230)

Notes to the accounts for the year ended:

31st March 2019

2.2 Expenditure and Liabilities

Raising funds

Cost of raising funds comprise those costs associated with attracting voluntary income.

Charitable activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Redundancy cost

The charity made no redundancy payments during the reporting period.

2.3 Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £500. They are valued at cost. Depreciation is provided at rates to write off the cost of the asset over a four year period leaving a nil residual value.

Taxation

The company is a registered charity and is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds that are resources set aside for specific purposes at the discretion of the trustees.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Community Counselling (North Yorkshire) Limited
(Charity Registration Number 1151230)

Notes to the accounts for the year ended:

31st March 2019

3 Income and endowments

	Unrestricted funds	Designated funds	Restricted funds	Total 2019	Unrestricted funds	Restricted funds	Total 2018
	£	£	£	£	£	£	£
3.1 Donations and legacies							
<u>Voluntary Income - grants</u>							
NHS Scarborough & Ryedale CCG*			25,929	25,929		25,904	25,904
<u>Voluntary Income - donations</u>							
Donations	5,756			5,756	8,009	1,989	9,998
	<u>5,756</u>	<u>-</u>	<u>25,929</u>	<u>31,685</u>	<u>8,009</u>	<u>27,893</u>	<u>35,902</u>
3.2 Charitable activities							
<u>Contracts & Fees</u>							
Chargeable services	25,988			25,988	29,490		29,490
PFCC contract - Victims of Crime service*	57,366			57,366	23,440		23,440
<u>Grants</u>							
Big Lottery Fund Project			77,831	77,831		75,899	75,899
Big Lottery Fund Awards for All - Better Mental Health			9,850	9,850			-
BBC Children in Need grant			9,355	9,355		2,948	2,948
Henry Smith Charity				-		7,575	7,575
Wilfred Jackson Trust			7,276	7,276			-
NFU grant			250	250			-
Ed De Nunzio Charitable Trust			2,249	2,249			-
Postcode Community Trust			5,195	5,195			-
RDC Community grant*			1,500	1,500			-
	<u>83,354</u>	<u>-</u>	<u>113,506</u>	<u>196,860</u>	<u>52,930</u>	<u>86,422</u>	<u>139,352</u>
3.3 Other trading activities							
Fundraising	1,589			1,589	630	111	741
Room bookings	1,572			1,572			-
Other				-			-
	<u>3,161</u>	<u>-</u>	<u>-</u>	<u>3,161</u>	<u>630</u>	<u>111</u>	<u>741</u>
3.4 Investments							
Bank interest received	74			74	161		161
	<u>74</u>	<u>-</u>	<u>-</u>	<u>74</u>	<u>161</u>	<u>-</u>	<u>161</u>
Total income	<u>92,345</u>	<u>-</u>	<u>139,435</u>	<u>231,780</u>	<u>61,730</u>	<u>114,426</u>	<u>176,156</u>

* denotes government grants and contracts received this year, totalling £ 84,795 (2018: £49,344)

Community Counselling (North Yorkshire) Limited
(Charity Registration Number 1151230)

Notes to the accounts for the year ended:

31st March 2019

4 Expenditure

	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2019 £	Unrestricted funds	Designated funds £	Restricted funds	Total 2018 £
4.1 Raising funds								
Salaries	2,407			2,407	2,373			2,373
Consultancy fees				-	513			513
Fundraising expenses	49			49				-
	2,456	-	-	2,456	2,886	-	-	2,886
4.2 Charitable activities								
Salaries	48,270		65,558	113,828	23,374		83,854	107,228
Affiliate invoices	12,452		26,532	38,984	31,339		5,655	36,994
Staff & Volunteer costs	3,220		8,967	12,187	6,997		8,725	15,722
Direct project costs	7	3,180	2,453	5,640	217	10,920	805	11,942
Office costs	4,763		8,649	13,412	3,504		9,339	12,843
Premises costs	7,150		15,569	22,719	8,826		15,448	24,274
Governance costs - Salaries	1,992			1,992	1,958			1,958
Governance costs - Other	539		934	1,473	184		472	656
	78,393	3,180	128,662	210,235	76,399	10,920	124,298	211,617
Total expenditure	80,849	3,180	128,662	212,691	79,285	10,920	124,298	214,503

Community Counselling (North Yorkshire) Limited
(Charity Registration Number 1151230)

Notes to the accounts for the year ended:

31st March 2019

5 Fees for examination of the accounts

	2019	2018
	£	£
Independent Examiner's fees for reporting on the accounts	520	500

6 Staff costs and emoluments

	2019	2018
	£	£
Gross salaries	113,653	108,510
Employers National Insurance	2,856	2,479
Pension Contributions	1,718	570
	118,227	111,559
Average number of employees (headcount)	10	10

No employee received remuneration in excess of £60,000 (2018: Nil)

The total employee benefits of the key management personnel of the charity were £24,483 (2018: £26,124).

7 Defined contribution pension scheme

The charity operates a defined contribution pension scheme which commenced 1 October 2017. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £1,718. There were no contributions outstanding at the end of the year.

The employer pension cost is allocated between restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

8 Fixed assets

	Equipment	Total
	£	£
Tangible fixed assets		
Cost or valuation		
At 1st April 2018	4,362	4,362
Additions in year	-	-
Disposals in year	-	-
At 31st March 2019	4,362	4,362
Depreciation	£	£
At 1st April 2018	4,362	4,362
Charge for the year	-	-
At 31st March 2019	4,362	4,362
Net Book Value	£	£
At 31st March 2019	-	-
At 31st March 2018	-	-

9 Debtors and prepayments

	2019	2018
	£	£
Debtors and prepayments		
Trade debtors	238	460
Prepayments and accrued income	5,366	3,779
	5,604	4,239

Community Counselling (North Yorkshire) Limited

(Charity Registration Number 1151230)

Notes to the accounts for the year ended:

31st March 2019

10 Cash at bank and in hand

	Total 2019	Total 2018
	£	£
Current bank account	19,813	10,749
Deposit bank accounts	43,193	27,120
Cash in hand	45	41
	<u>63,051</u>	<u>37,910</u>

11 Creditors and accruals

	2019	2018
	£	£
Analysis of creditors falling due within one year		
Trade creditors	6,591	9,134
Payments received on account for contracts or performance-related grants	16,939	1,520
Accruals	6,880	12,734
Taxation and social security	1,942	1,547
	<u>32,352</u>	<u>24,935</u>

12 Contingent Liabilities

The charity has no contingent liabilities at 31 March 2019 (2018: None).

13 Movement of funds

13.1 Movement of major funds

	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
Fund name	£	£	£	£	£
Unrestricted Funds	<u>4,133</u>	<u>92,345</u>	<u>80,849</u>	<u>(3,700)</u>	<u>11,929</u>
	4,133	92,345	80,849	(3,700)	11,929
Designated funds	<u>13,180</u>	<u>-</u>	<u>3,180</u>	<u>3,700</u>	<u>13,700</u>
	13,180	-	3,180	3,700	13,700
Restricted Funds					
NHS Scarborough & Ryedale CCG	-	25,929	25,929		-
Big Lottery project	-	77,831	76,174		1,657
Big Lottery Awards for all-Better Mental Health	-	9,850	5,899		3,951
Young Persons Project :- (BBC Children in Need, Wilfred Jackson & RDC)	(99) *	14,131	13,387		645
Children & Young People - Group work:- (NFU & Ed De Nunzio Charitable Trust)	-	2,499	250		2,249
Wilfred Jackson Trust - Adults	-	4,000	1,828		2,172
Postcode Community Trust	-	5,195	5,195		-
	<u>(99)</u>	<u>139,435</u>	<u>128,662</u>	<u>-</u>	<u>10,674</u>
Total Funds	<u>17,214</u>	<u>231,780</u>	<u>212,691</u>	<u>-</u>	<u>36,303</u>

Transfers between funds

From	To	Reason	£ Amount
Unrestricted	Designated	Set aside funds for new room rent in 2019/20	2,000
Unrestricted	Designated	Set aside funds for Safeguarding Training Event 2019/20	1,700
			<u>3,700</u>

* The overspend on the Young Persons Project was offset by further grant money received in April 2018.

	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
Fund Name	£	£	£	£	£
Unrestricted Funds	<u>38,223</u>	<u>61,730</u>	<u>79,285</u>	<u>(16,535)</u>	<u>4,133</u>
	38,223	61,730	79,285	(16,535)	4,133
Designated funds	<u>12,000</u>	<u>2,100</u>	<u>10,920</u>	<u>10,000</u>	<u>13,180</u>
	12,000	2,100	10,920	10,000	13,180

Community Counselling (North Yorkshire) Limited

(Charity Registration Number 1151230)

Notes to the accounts for the year ended:

31st March 2019

Note 13.1 continued	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
	£	£	£	£	£
Restricted Funds					
NHS Scarborough & Ryedale CCG	-	25,904	25,904		-
Henry Smith Charity	38	7,575	7,613		-
Big Lottery project	1,534	75,899	83,968	6,535	-
Big Lottery Awards for all	3,766	-	3,766		-
Young Persons Project - BBC Children in Need	-	2,948	3,047		(99)
	<u>5,338</u>	<u>112,326</u>	<u>124,298</u>	<u>6,535</u>	<u>(99)</u>
Total Funds	<u>55,561</u>	<u>176,156</u>	<u>214,503</u>	<u>-</u>	<u>17,214</u>

13.2 Details of Funds Held

Unrestricted Funds

The unrestricted funds represent the funds available for the general purposes of Community Counselling.

Designated Funds

A designated fund was set up in 2016/17 to set aside £12,000 for a new Client Record Management (CRM) system. The final balance of £3,180 was spent this year on completion of the new system.

The designated fund of £10,000 established in 2017/18 for a redundancy provision remains unchanged.

Two new designated funds have been created this year; £2,000 for the new room and £1,700 for the Safeguarding Training Event.

Restricted Funds

The restricted funds are only available for the purposes specified for each fund, which are:

NHS funding - Scarborough & Ryedale CCG to support the brief counselling service for patients of Ryedale surgeries.

Henry Smith Charity - a 3 year project to provide counselling for adult survivors of childhood sexual abuse in Ryedale. This project ended 30 June 2017.

Big Lottery Fund - a five year grant to provide a free counselling service for people living in the Scarborough Borough District. This service commenced 1 October 2015 and essentially replicates the existing provision in Ryedale ie. a brief counselling service for clients with a wide range of presenting issues such as anxiety/stress, mild to moderate depression and relationship issues and longer-term counselling for people who have experienced sexual abuse and/or domestic abuse.

Big Lottery Awards for All 2018- reflected a grant to develop policies and procedures for telephone counselling and to run two series of group workshops. This has been fully spent.

Big Lottery Awards for All 2019 - represents a new grant; Better Mental Health for all for which some aspects are still ongoing.

Young Persons Project - This commenced in January 2018 with the support of BBC Children in Need, who have provided a 3 year grant to fund a part-time lead counsellor, training event and associated costs. This project has been extended in 2018/19 with support from Ryedale District Council and The Wilfred Jackson Trust.

14 Net assets between funds	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2019	Total 2018
	£	£	£	£	£
Balances at 31st March 2019					
Current assets	22,560	13,700	32,395	68,655	42,149
Current liabilities	(10,631)	-	(21,721)	(32,352)	(24,935)
	<u>11,929</u>	<u>13,700</u>	<u>10,674</u>	<u>36,303</u>	<u>17,214</u>

15 Transactions with trustees and related parties

None of the trustees have received payment for services during the year (2018: £800) nor reimbursement for travel expenses (2018: Nil)

16 Control

In the opinion of the trustees, no one party controlled the company in the year.