Community Counselling (North Yorkshire) Limited

(A Company Charity limited by guarantee)

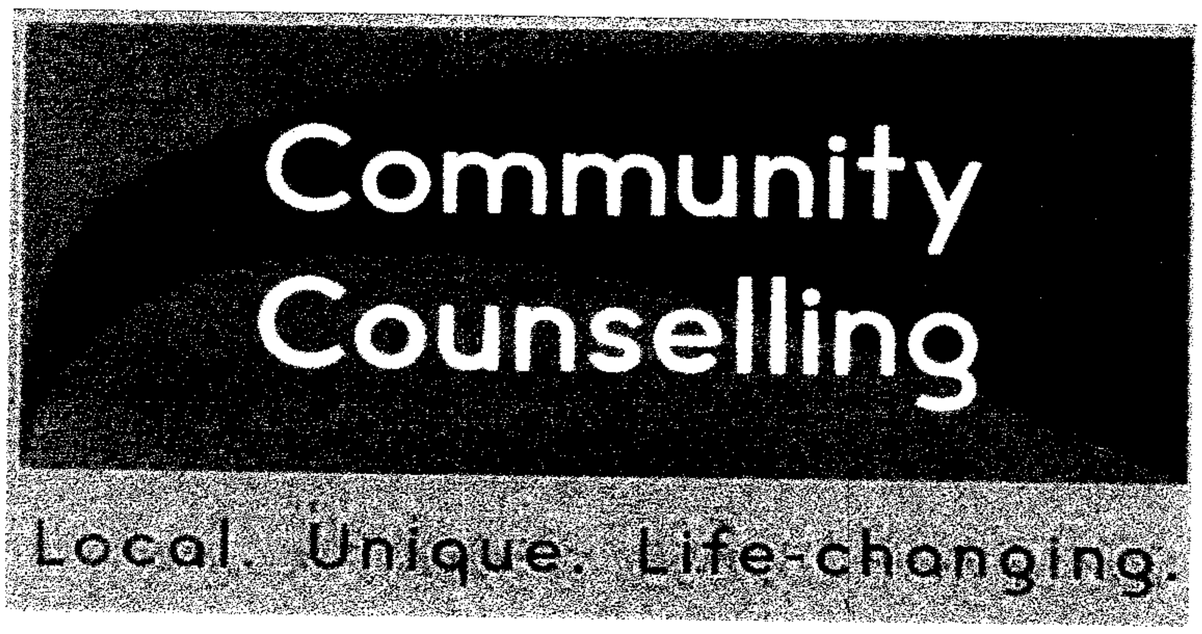
(Charity Registration Number 1151230)

(Registered Company Number 08399767)

Annual Report & Financial Statements

for the year ended

31st March 2026



Community Counselling (North Yorkshire) Limited

(A Company Charity limited by guarantee)

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Directors' Report (incorporating the Trustees' Annual Report)

For the year ended: **31st March 2026**

The Board of Trustees, who are also the directors of the charity for the purposes of company law, present their annual report and financial statements for the year ended 31st March 2026.

Objectives and activities

Summary of the objects of the charity set out in its governing document

The charity's objects are specifically restricted to the following;

1) To relieve the mental suffering and distress of persons in need by reason of illness or emotional distress in North Yorkshire by providing or assisting in the provision of counselling, support and therapeutic interventions.
2) To promote and provide education and training for counsellors working in either professional or voluntary settings with a view to raising the standards of counselling for the benefit of the community.

Mission Statement

Community Counselling exists to help individuals live fulfilling, rewarding and self-actualising lives, successfully dealing with the many challenges of contemporary life and where they live.

We provide equality of services to everyone, regardless of people's disability, gender, gender identity, race, religion or belief or sexual orientation.

Summary of the main activities undertaken for the public benefit in relation to these objects

Community Counselling continues to deliver a diverse range of services to meet the mental health needs of our communities:

1 **Brief Counselling Service (Adults, 18+)**
Providing up to eight sessions for individuals in Ryedale experiencing issues such as mild to moderate anxiety and depression, bereavement, and relationship difficulties. This service is supported through client co-payments and the valued contribution of trainee counsellors on placement.

2 **Children and Young People's Counselling**
Ryedale (ages 7–17), supported in part by Awards for All (National Lottery Community Fund).
Whitby (ages 7–17), funded by the Woodsmith Foundation.

3 **"Options" Service (Adults, 18+)**
A chargeable service offering both short- and longer-term counselling in Malton and Scarborough.

In addition, we deliver the following services under contract with the York and North Yorkshire Combined Authority:

1 Victim Counselling for adults affected by serious crime
2 Counselling, play, and creative arts therapy for young victims of crime
3 Support for individuals bereaved or injured in road traffic accidents
4 Anger Management Counselling

All our counsellors abide by the Ethical Framework for the Counselling Professions of the British Association for Counselling and Psychotherapy ["BACP"] and are members of a relevant professional body, such as the BACP, or the United Kingdom Council for Psychotherapy ["UKCP"]. In addition, we are a registered organisational member of the BACP, and have been awarded Service Accreditation by the BACP which demonstrates that we offer an accountable, ethical, professional and responsive service to clients, staff, volunteers and stakeholders.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the objectives and activities and in the planning of future activities.

Achievements and performance

Summary of the main achievements of the charity during the year

Chief Officers Report

This year has been one of **significant change, challenge, and resilience**.

We were disappointed to see the closure of two services due to the end of funding agreements: the Brief Counselling Service in Scarborough (September 2025) and the Young Adults Counselling Service in Malton (November 2025). However, we are equally proud to have expanded provision for children and young people, launching new services in **Ryedale (July 2025)** and **Whitby (January 2026)**—a vital investment in early intervention and long-term wellbeing.

A major challenge has been the withdrawal of NHS funding for the Brief Counselling Service in Ryedale after over 30 years of support. While we were honoured to receive recognition from Baroness Merron for our longstanding contribution to community mental health, this decision represents a **significant loss of core funding** and creates ongoing uncertainty in sustaining accessible services.

Service Demand and Delivery

During the year ending 31 March 2026:

- **909 referrals** were received (down from 1,047), reflecting service closures rather than reduced demand.
- **6,380 appointments** were delivered (down from 7,240), again due to funding constraints.
- **19% of sessions** (20% the year before) were delivered remotely, maintaining flexibility for clients.
- The **missed appointment rate fell to 13%** (from 15%), supported by improved reminder systems.

Importantly, the **complexity and risk profile of clients has increased markedly**:

- **58% of clients** were assessed as being at some level of risk at initial assessment (up from 35% the previous year, and 26% two years ago).
- **'Cause for Concern' incidents rose to 236**, compared to 113 the previous year—and an increase of over 300% in three years.

These figures reflect the **growing pressure on charitable sector services**, as demand continues to outstrip provision elsewhere, particularly within statutory mental health services.

Outcomes and Impact

Despite these challenges, the charity continues to deliver **strong and measurable outcomes**:

- **87% of clients showed improvement** in anxiety and depression scores (PHQ-9 and GAD-7), up from 76% the previous year.

Client feedback highlights both strengths and areas for development:

- **82%** reported improved coping strategies
- **83%** reported increased confidence and self-esteem
- **69%** reported improved relationships
- **71%** reported feeling less isolated

While outcomes relating to coping and self-esteem remain strong, the reduced improvement in relationships and isolation suggests that clients are facing **wider societal barriers to connection and support**, beyond the scope of short-term interventions.

Client Experience

Feedback consistently shows that Community Counselling provides a **safe, compassionate and non-judgemental space** where people feel heard, valued and understood. Many clients describe their counselling as **transformational**, enabling them to process trauma, build resilience, and regain a sense of control over their lives.

Clients particularly value:

- The **person-centred approach**
- The quality and empathy of counsellors
- The flexibility of delivery, including remote sessions

The most frequent area for improvement is the **limited number of funded sessions**, with many clients indicating that meaningful progress had only just begun as their support ended.

Selected Client Feedback

"The work that I did with my counsellor has been revolutionary for me… I just didn't see or understand before."

"My counselling has helped get a perspective and better coping strategies in place… I have seen a good improvement in my mindset."

"My experience was life changing, supportive and encouraging… I now feel safer, more in control of life and more accepting of myself."

Acknowledgements

These achievements would not have been possible without the **dedication, professionalism and compassion** of our entire team.

We extend our sincere thanks to:

- Our **staff team**, for their expertise and commitment in supporting clients through increasingly complex and challenging circumstances
- Our **volunteers**, including trainee counsellors, whose contribution significantly enhances our capacity and reach
- Our **sessional workers**, whose flexibility and skill ensure continuity and quality of provision
- Our **trustees**, for their guidance, governance and steadfast support during a period of change

Together, their collective efforts ensure that Community Counselling continues to provide a **vital, life-changing service** to individuals and families across our communities.

Financial Review and Reserves Policy

The results for the year ending 31st March 2026 show an overall surplus in year of £30,775. This comprises a surplus of £41,745 on unrestricted funds offset partly by a deficit of £10,970 on restricted funds (before transfers). The surplus this year on unrestricted core funds mainly comprises an increase in client sessions delivered via the North Yorkshire Police, Fire and Crime Commissioner (PFCC) Victims of Crime contract and a new one off project delivered for the Department for Work and Pensions (DWP).

The deficit in year on restricted funds mainly reflects the spending of project funding received in the previous year. There are no project funds in deficit at the end of the period.

This year the transfers between funds reflect a small project top up from unrestricted to restricted of £241, two transfers within restricted to facilitate project continuation and a transfer of £48,739 from unrestricted general to designated. The latter being necessary to increase the wind down provision (including redundancies) and to cover the potential forecast operating shortfall over the next 12 months. This brings the cumulative designated funds to £142,993. The trustees consider this designation to be prudent and appropriate given the charity's financial forecasts.

This brings the cumulative reserves to; unrestricted £189,050, (of which £46,057 represents general reserves and £142,993 designated reserves) and restricted reserves of £6,117. The breakdown of these funds are detailed under note 13 to the accounts; 'Movement of funds'. **The level of free reserves**, that is those unrestricted funds not tied up in tangible fixed assets, nor held in designated funds, **now stands at £45,464** at 31st March 2026.

The trustees have reviewed the financial projections and are satisfied that, taking both free reserves and designated funds into account, the charity has sufficient resources to continue its activities for at least the 12-month period following approval of the accounts. Based on current forecasts, the combined reserves are expected to support operations for close to 18 months, although this longer-term horizon is more sensitive to changes in income and expenditure.

The trustees will continue to monitor the reserves position closely and will adjust the designation as required to ensure the charity remains financially resilient and able to meet its obligations.

Plans for the future

The year ahead will require continued **adaptability and resilience**, as we respond to rising demand, increasing complexity, and ongoing funding uncertainty. Our focus remains on sustaining high-quality services while seeking new opportunities to expand provision and ensure accessibility for those most in need.

Structure, governance and management

Governing Document	Memorandum and Articles of Association
How the charity is constituted	Charity, Company limited by guarantee
Trustee selection methods	Elected by Members

At each annual general meeting one third of the directors or, if their number is three or a multiple of three, the number nearest to one third, must retire from office. If there is only one director he or she must retire.

Reference and Administration details

Charity name	Community Counselling (North Yorkshire) Limited
Other names the charity is known by	Community Counselling
Registered Charity number	1151230
Registered Company number	08399767 (England and Wales)
Charity's principal address (& registered office)	Stanley Harrison House Norton Road, Norton Malton, North Yorkshire YO17 9RD
Independent Examiner	Karen Wood ACMA CGMA Outsource Accounting Services & Independent Examinations 2 Galligap Lane Osbaldwick York YO10 3NR
Bankers:	
Current and short-term deposit account	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
Additional deposit accounts	Hampshire Trust Bank Plc 80 Fenchurch Street London EC3M 4BY The Co-operative Bank 1 Balloon Street Manchester M4 4BE

Names of the Directors (Trustees) who manage the charity

Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Craig Taylor	Chair		
Elaine Hayward			
Sophie Gorman		Resigned 10 February 2026	
Laura Maher			
John Linegar			
Alys Farndale			

Chief Officer and Company Secretary

Stephen Robling

Trustee's responsibilities in relation to the financial statements

The charity trustees (who are also the directors of Community Counselling (North Yorkshire) Ltd for the purposes of company law) are responsible for preparing a trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the income and expenditure of the charitable company for the year. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue on that basis.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information

In accordance with company law, as the company's directors, each of the Board of Trustees certify that so far

- There is no relevant information of which the charity's Independent Examiner is unaware;
- As directors of the company, they have taken the necessary steps to be aware of the information, which would be relevant for independent examination purposes and have communicated them to the Independent Examiner.

Exemptions

The trustees have taken advantage of the exemption available to small companies, including the audit exemption (as detailed on the balance sheet)

Declaration

The trustees declare that they have approved the trustees' annual report above.

Signed on behalf of the charity's trustees

Craig Taylor, Chair

Date 13/10/26

Independent examiner's report to the trustees of Community Counselling (North Yorkshire) Ltd

I report on the accounts of: **Community Counselling (North Yorkshire) Limited**
for the year ended: **31 March 2026** which are set out on pages 8 to 17.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I a member of The Chartered Institute of Management Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the Trust as required by section 386 of the Act; or
2 the accounts do not accord with those records
3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

K Wood

Karen Wood ACMA CGMA **Date:** 27/10/26
Outsource Accounting Services & Independent Examinations
2 Galligap Lane
Osbaldwick
York
YO10 3NR

Community Counselling (North Yorkshire) Limited

(Charity Registration Number 1151230)

Statement of Financial Activities for the year ended: 31st March 2026

(incorporating Income & Expenditure account)

	Note	Unrestricted funds	Restricted funds	Total 2026	Total 2025
Income and endowments from:		£	£	£	£
Donations and legacies	3.1	4,121	25,929	30,050	32,530
Charitable activities	3.2	235,381	106,219	341,600	332,928
Other trading activities	3.3	8,370	-	8,370	7,789
Investments	3.4	5,300	-	5,300	5,104
Total income	3	**253,172**	**132,148**	**385,320**	**378,351**
Expenditure on:					
Raising funds	4.1	2,586	-	2,586	2,463
Charitable activities	4.2	208,841	143,118	351,959	357,616
Total expenditure	4	**211,427**	**143,118**	**354,545**	**360,079**
Net income/(expenditure)		**41,745**	**(10,970)**	**30,775**	**18,272**
Transfers between funds		(241)	241	-	-
Net movement in funds		**41,504**	**(10,729)**	**30,775**	**18,272**
Total funds brought forward		147,546	16,846	164,392	146,120
Total funds carried forward		**189,050**	**6,117**	**195,167**	**164,392**

Community Counselling (North Yorkshire) Limited

(Charity Registration Number 1151230)

Balance Sheet as at: 31st March 2026

	Note	2026	2025
		£	£
Fixed Assets			
Tangible assets	8	593	977
Total Fixed Assets		**593**	**977**
Current Assets			
Debtors	9	51,161	13,499
Cash at bank and in hand	10	274,782	240,308
Total Current Assets		**325,943**	**253,807**
Current Liabilities: Amounts falling due within one year	11	131,369	90,392
Net Current Assets/(Liabilities)		**194,574**	**163,415**
Current Liabilities: Amounts falling due after more than one year			
Creditors and accruals		-	-
Net Assets/(Liabilities)		**195,167**	**164,392**
Funds of the Charity	13		
Unrestricted General Funds		46,057	53,292
Designated Funds		142,993	94,254
Total Unrestricted Funds		189,050	147,546
Restricted Funds		6,117	16,846
Total Funds Carried Forward	13	**195,167**	**164,392**

The trustees are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors (trustees) acknowledge their responsibilities for:

i) ensuring the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006; and

ii) preparing financial statements which give a true and fair view of the state of affairs of the company at the end of each financial year and of its profit and loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Statement of Recommended Practice; Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The financial statements were approved by the trustees on 13 October 2026 and signed on their behalf by:

.....

C Taylor (Chair)

Date 13/10/26

Notes to the accounts for the year ended: 31st March 2026

1 Basis of preparation

1.1 Basis of accounting

The financial statements are prepared under the historical cost convention. These accounts have been prepared in accordance with: the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102); the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The financial statements have been prepared on a going concern basis.

2 Accounting policies

2.1 Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Government grants

The charity has received government grants in the reporting period.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation.

Contractual income and performance related grants

In the case of contractual income and performance related grants, income is only recognised once the charity has provided the specified services or performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

Investment income

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Notes to the accounts for the year ended: 31st March 2026

2.2 Expenditure and Liabilities

Raising funds
Cost of raising funds comprise those costs associated with attracting voluntary income.

Charitable activities
Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Liability recognition
Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Redundancy cost
There have been no redundancy payments during the reporting period.

2.3 Assets

Tangible fixed assets for use by the charity
These are capitalised if they can be used for more than one year and cost at least £500. They are valued at cost. Depreciation is provided at rates to write off the cost of the asset over a four year period leaving a nil residual value.

Taxation
The company is a registered charity and is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds that are resources set aside for specific purposes at the discretion of the trustees.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing commitments
Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Notes to the accounts for the year ended: 31st March 2026

3 Income and endowments	Unrestricted funds	Restricted funds	Total 2026	Unrestricted funds	Restricted funds	Total 2025
3.1 Donations and legacies	£	£	£	£	£	£
Voluntary Income - grants						
NHS Scarborough & Ryedale CCG*	-	25,929	25,929	-	25,929	25,929
Voluntary Income - donations						
Donations & fundraising	4,121	-	4,121	6,601	-	6,601
	4,121	**25,929**	**30,050**	**6,601**	**25,929**	**32,530**
3.2 Charitable activities						
Contracts & Fees						
Chargeable services	19,569	-	19,569	21,613	-	21,613
PFCC contract - Victims of Crime service*	170,709	-	170,709	157,627	-	157,627
DWP Trailblazer fund*	29,395	-	29,395	-	-	-
Survive sub-contract counselling	10,708	-	10,708	6,853	-	6,853
Grants						
The National Lottery Community Fund	-	52,989	52,989	-	74,671	74,671
MoJ funding via OPFCC North Yorkshire*	-	-	-	-	37,316	37,316
Grant Bid Writer project	-	-	-	-	20,000	20,000
NYC Suicide Prevention grant*	-	6,998	6,998	-	6,998	6,998
Young Adults Counselling Service	-	-	-	-	5,500	5,500
Children & Young Persons project Malton	-	10,888	10,888	-	1,000	1,000
Children & Young Persons project Whitby	-	3,894	3,894	-	-	-
MIND project	-	9,650	9,650	-	1,350	1,350
Bramall Foundation	5,000	-	5,000	-	-	-
PFCC ICT grant*	-	1,800	1,800	-	-	-
DWP Counselling project*	-	20,000	20,000	-	-	-
	235,381	**106,219**	**341,600**	**186,093**	**146,835**	**332,928**
3.3 Other trading activities						
Room bookings	8,370	-	8,370	7,789	-	7,789
	8,370	**-**	**8,370**	**7,789**	**-**	**7,789**
3.4 Investments						
Bank interest received	5,300	-	5,300	5,104	-	5,104
	5,300	**-**	**5,300**	**5,104**	**-**	**5,104**
Total income	**253,172**	**132,148**	**385,320**	**205,587**	**172,764**	**378,351**

* denotes government grants and contracts received this year, totalling £ 254,831 (2025: £227,870)

Notes to the accounts for the year ended: 31st March 2026

4 Expenditure

	Unrestricted funds £	Restricted funds £	Total 2026 £	Unrestricted funds	Restricted funds	Total 2025 £
4.1 Raising funds						
Salaries	2,586	-	2,586	2,421	-	2,421
Fundraising expenses	-	-	-	42	-	42
	2,586	**-**	**2,586**	**2,463**	**-**	**2,463**
4.2 Charitable activities						
Salaries	79,031	100,954	179,985	48,049	125,007	173,056
Affiliate invoices	101,419	19,669	121,088	105,907	22,091	127,998
Staff & Volunteer costs	4,168	3,047	7,215	4,805	4,719	9,524
Direct project costs	1,454	4,699	6,153	715	12,119	12,834
Office costs	15,490	10,157	25,647	11,996	9,572	21,568
Premises costs	3,817	4,383	8,200	4,430	4,801	9,231
Governance costs - Salaries	2,586	-	2,586	2,421	-	2,421
Governance costs - Other	491	209	700	356	244	600
Depreciation	384	-	384	384	-	384
	208,841	**143,118**	**351,959**	**179,063**	**178,553**	**357,616**
Total expenditure	**211,427**	**143,118**	**354,545**	**181,526**	**178,553**	**360,079**

Notes to the accounts for the year ended: **31st March 2026**

5 Fees for examination of the accounts

	2026	2025
	£	£
Independent Examiner's fees for reporting on the accounts	650	600

6 Staff costs and emoluments

	2026	2025
	£	£
Gross salaries	175,251	169,407
Employers National Insurance	5,482	3,768
Pension Contributions	4,425	4,723
	185,158	177,898
Average number of employees (headcount)	15	14

No employee received remuneration in excess of £60,000 (2025: Nil)

The total employee benefits of the key management personnel of the charity were £24,429 (2025: £23,490).

The charity has made no redundancy payments this year (2025: Nil).

7 Defined contribution pension scheme

The charity operates a defined contribution pension scheme which commenced 1 October 2017. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £4,425. There were no contributions outstanding at the end of the year.

The employer pension cost is allocated between restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

8 Fixed assets

	Equipment	Total
Tangible fixed assets	£	£
Cost or valuation		
At 1st April 2025	16,356	16,356
Additions		-
Disposals	-	-
At 31st March 2026	**16,356**	**16,356**
Depreciation	£	£
At 1st April 2025	15,379	15,379
Disposals	-	-
Charge for the year	384	384
At 31st March 2026	**15,763**	**15,763**
Net Book Value	£	£
At 31st March 2026	**593**	**593**
At 31st March 2025	**977**	**977**

9 Debtors and prepayments

	2026	2025
Debtors and prepayments	£	£
Trade debtors	42,067	3,071
Prepayments and accrued income	9,094	10,428
	51,161	**13,499**

Notes to the accounts for the year ended: 31st March 2026

10 Cash at bank and in hand

	Total 2026	Total 2025
	£	£
Current bank account	4,602	79,187
Deposit bank accounts	270,120	161,110
Cash in hand	60	11
	274,782	**240,308**

11 Creditors and accruals

Analysis of creditors falling due within one year	2026 £	2025 £
Trade creditors	17,343	12,938
Payments received on account for contracts or performance-related grants	105,344	68,896
Accruals	8,682	8,558
	131,369	**90,392**

12 Contingent Liabilities

The charity has no contingent liabilities at 31 March 2026 (2025: None).

13 Movement of funds

13.1 Movement of major funds

2026 Fund name	Balance b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General Funds	53,292	253,172	211,427	(48,980)	46,057
Designated Funds	94,254			48,739	142,993
	147,546	253,172	211,427	(241)	189,050
Restricted Funds					
NHS Humber and North Yorkshire ICB	-	25,929	25,929	-	-
MoJ funding 2021/22	3,845	-	3,845	-	-
Keeping Children Safe project (Ed De Nunzio, RDC Community Grant & Malton Town Council)	258	-	499	241	-
The National Lottery Community Fund	3,137	52,989	56,126	-	-
CYP from fundraising & donations	2,999	-	-	(2,999)	-
CHYP project Malton (Awards for All, Jack Brunton & Freemasons)	1,000	10,888	12,730	2,999	2,157
NYC Suicide Prevention project	107	-	-	(107)	-
Young Adults Counselling Service (Sir Jules Thorn, Charles & Elsie Sykes Trust & NYC)	5,500	6,998	10,263	107	2,342
CHYP project Whitby (Two Ridings, Woodsmith Foundation)	-	3,894	2,276	-	1,618
MIND project	-	9,650	9,650	-	-
DWP counselling project	-	20,000	20,000	-	-
PFCC ICT grant	-	1,800	1,800	-	-
	16,846	132,148	143,118	241	6,117
Total Funds	**164,392**	**385,320**	**354,545**	**-**	**195,167**

Transfers between funds

From	To	Reason	£ Amount
Unrestricted	Restricted	To make up a small project shortfall	241
Unrestricted	Designated	To increase the wind down provision and provide funds to make up the potential core shortfall in 2026/27	48,739
Restricted	Restricted	To utilise CYP fundraising on new CHYP project	2,999
Restricted	Restricted	To utilise balance of funds on continuation project under new name	107

Notes to the accounts for the year ended: **31st March 2026**

Note 13.1 continued

2025 Fund Name	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
Unrestricted Funds	£	£	£	£	£
General Funds	59,093	205,587	181,526	(29,862)	53,292
Designated Funds	63,592	-	-	30,662	94,254
	122,685	205,587	181,526	800	147,546
Restricted Funds					
NHS Humber and North Yorkshire ICB	-	25,929	25,929	-	-
MoJ funding 2021/22	3,845	-	-	-	3,845
MoJ funding 2024/25	-	37,316	37,316	-	-
Keeping Children Safe project (Ed De Nunzio, RDC Community Grant* & Malton Town Council*)	3,348	-	3,090	-	258
Awards for All	798	-	798	-	-
The National Lottery Community Fund	3,207	74,671	74,741	-	3,137
NYC Community Grant - Therapy Service	937	-	977	40	-
CYP from fundraising & donations	4,300	-	1,301	-	2,999
Lloyds 2024/25 via Survive	7,000	-	7,000	-	-
Grant Fund Bid Writer (Woodsmith Foundation)	-	20,000	20,000	-	-
NYC Suicide Prevention project	-	6,998	6,051	(840)	107
Young Adults Counselling Service (Sir Jules Thorn & Charles & Elsie Sykes Trust)	-	5,500	-	-	5,500
CHYP project Malton (Earl Fitzwilliam Charitable Trust)	-	1,000	-	-	1,000
MIND project	-	1,350	1,350	-	-
	23,435	172,764	178,553	(800)	16,846
Total Funds	**146,120**	**378,351**	**360,079**	**-**	**164,392**

13.2 Details of Funds Held

Unrestricted Funds

The unrestricted funds represent the funds available for the general purposes of Community Counselling.

Designated Funds

The designated fund comprises £45,000 for the potential wind down costs, including redundancies in the event of closure and a provision of £97,993 to cover the potential shortfall forecast for 2026/27.

Restricted Funds

The restricted funds are only available for the purposes specified for each fund, which are:

NHS Humber and North Yorkshire ICB - to support the brief counselling service for patients of Ryedale surgeries.

MoJ funding 2021/22 - reflects the balance of grant unspent in 2021/22. This has now been fully spent.

Keeping Children Safe project - a project supported by the Ed De Nunzio charitable trust, Ryedale District Council and Malton Town Council, commencing October 2022. The transfer from unrestricted funds reflects a proportion of overheads not covered by the grant funding. The project was fully spent in the first quarter of 2025/26.

The National Lottery Community Fund, programme name 'RC Yorkshire and Humber Region' - reflects a two year grant to improve the mental health and wellbeing of vulnerable people who are disadvantaged living in Scarborough. This project commenced October 2023 and ended 30 September 2025. The final six months benefitted from an uplift grant which enabled additional sessions to be delivered up to the end of the project.

13.2 Details of Funds Held continued

CYP from fundraising & donations - reflects fundraising income earmarked for a new children's service. This has now been transferred to support the new Children's and Young Persons (CHYP) Project Malton, which commenced April 2025.

CHYP project Malton - a new service commencing this year utilising funds brought forward from fundraising & donations as noted above plus a new grant from Awards for All and support from the Jack Brunton Charitable Trust and the Freemasons.

NYC Suicide Prevention project - a grant commencing October 2024 supported by North Yorkshire Council (NYC) to reduce the incidence of suicide. The small balance of funds has been transferred to continue the project under the new name of Young Adults Counselling Service, as per below.

Young Adults Counselling Service - reflects a renaming of the Suicide Prevention Project above and continuation into 2025/26 supported by grants received from Sir Jules Thorn, The Charles & Elsie Sykes Trust and NYC.

CHYP project Whitby - a new 12 month project commencing January 2026, supported by the Woodsmith Foundation and Two Ridings Community grant.

MIND project - a contract totalling £11,000 to deliver counselling sessions to cancer care patients. This commenced in December 2024 and has been fully spent by 31 March 2026.

DWP counselling project - a new grant in the latter part of the year to provide counselling sessions for a specific group of clients. This has been fully spent by the year end.

PFCC ICT grant - a grant to provide ICT development work.

14 Net assets between funds

Balances at 31st March 2026	**Unrestricted Funds**	**Restricted Funds**	**Total 2026**
	£	**£**	**£**
Fixed assets	593	-	593
Current assets	315,696	10,247	325,943
Current liabilities	(127,239)	(4,130)	(131,369)
	189,050	**6,117**	**195,167**

Net assets between funds

Balances at 31st March 2025	**Unrestricted Funds**	**Restricted Funds**	**Total 2025**
	£	**£**	**£**
Fixed assets	977	-	977
Current assets	227,643	26,164	253,807
Current liabilities	(81,074)	(9,318)	(90,392)
	147,546	**16,846**	**164,392**

15 Transactions with trustees and related parties

None of the trustees have received payment for services during the year (2025: Nil) nor reimbursement for travel expenses (2025: Nil)

There have been no related party transactions in the reporting period.

16 Control

In the opinion of the trustees, no one party controlled the company in the year.