



Sessional Counsellor fees as at MAY 2025

CCL Premises¹

£26.50 per session, including the initial assessment, for all types of clients.

£13.25 for no shows and late-cancelled.

£16.97 per hour is the non-client rate.

Venues paid by the Sessional Counsellor, including their own premises

£35.00 per session, including the initial assessment, for all types of clients.

£21.75 for no shows and late-cancelled.

£16.97 per hour is the non-client rate.

Notes:

1. Community Counselling (North Yorkshire) Ltd. [CCL] provides rooms for its clients for free at Stanley Harrison House [SHH] and at the Falsgrave Community Resource Centre [FCRC] in Scarborough.
2. If Counsellors use CCL client rooms to see non-CCL clients, the room rate is **£8.50** per hour.
3. The higher sessional fee paid for remote venues reflects the fact that Sessional Counsellors are responsible for providing or hiring client rooms based on a notional **£8.50** per session for room hire.
4. When Counsellors are providing sessions at **remote venues** and the room hire is provided **free of charge (e.g. in a school)** or where **CCL is paying for the room**, the Counsellor should **claim the lower rate of pay (CCL premises rate) for the session**.
5. The higher rate of **£21.75** for missed sessions at remote venues, compared to **£13.25** for missed sessions at SHH or FCRC, is to cover the cost of room hire.
6. CCL will pay the additional cost of renting a room at venues paid by Counsellor, over and above the notional **£8.50** per session paid as now, with a **cap of £3** per session.
7. CCL will pay an allowance of up to **£2.50** per client session attended for the cost of play and art materials, such costs to be claimed monthly in arrears. Counsellors should submit invoices showing the total amount spent, the period covered and the number of sessions attended as well as providing receipts.

A proforma [excel spreadsheet] is available for claiming such costs.

¹ Currently, Stanley Harrison House in Malton and the Falsgrave Community Resource Centre in Scarborough.



8. CCL will pay mileage at the rate of **45p/mile** where sessional Counsellors see a client **e.g., in a school/college**, for **miles in excess of the mileage to their agreed place/s of work**. When a room is provided free of charge, or CCL are providing or paying for the room - **the Counsellor should claim the lower rate of pay (CCL premises rate) for the session**.
9. CCL provides separate forms to claim the additional room cost/mileage.
10. The sessional fee includes day-to-day tasks such as creating progress notes and logging outcomes such as client attended/did not attend on the CRM diary etc. The fee is based on an assumed 75 minutes per session i.e. up to 60 minutes with the client, and up to 15 minutes for write up of client notes.
11. The non-client rate is paid for one-off tasks e.g. writing reports for a multi-agency meeting or case studies for funding applications/project reports. Such tasks should be agreed with the Chief Officer before the task is undertaken.
12. Where significant additional time is spent on managing safeguarding incidents, CCL may also compensate the sessional counsellors at the same non-client rate.
13. Counsellors should not attend multi-agency meetings due to confidentiality. Instead, they may submit a report to the meeting. CCL will pay for the writing of the report at the non-client rate of **£16.97**. Counsellors **must inform CCL in advance** so it can negotiate payment from the commissioner to cover the extra cost of the report.
14. Where a Counsellor meets with or talks to parents/carers as part of the initial assessment [or Access Stage], CCL will pay for this additional time, however, this will reduce the number of client sessions as a result as CCL is itself paid on a sessional basis by the Commissioners. Thus Counsellors can claim this time as if it were a client session but the client then loses a session.
15. CCL does not pay Sessional Counsellors for attending training events, which are offered as free CPD (continuing professional development) to all members of the CCL team, including staff, but it will pay for up to six-hours at the non-client rate for the initial Induction/training at the start of the role.
16. Counselling/play therapy provided under the Anger Management Counselling service are paid at the same rates as for Victims of Crime i.e. **£26.50** or **£35.00** per session depending on the venue.
17. Where EMDR is provided, the therapist is paid at a higher rate to reflect the greater length of an EMDR session, which can be up to 90 minutes. This, however, may reduce the overall number of sessions provided, unless CCL is able to negotiate a higher payment from the commissioners for such clients.